

SportingFit Australia Application U18

1. Personal Information

Child's Name: _____ DOB: _____
Address: _____
Suburb: _____ Post Code: _____
Gender M F

2. Emergency Contact (2 required)

Name: _____ Mobile No. _____
Email: _____

Name: _____ Mobile No. _____
Email: _____

4. Playing History

How long has your child been playing organised football? _____
Which club do they play for? _____
What age group do they play in? _____
Which division/grade do they play? _____
What position(s) do they usually play? _____
Does your child participate in any other organised sport? Yes No
If so, which sports and at what level? _____

5. Referral Source *Please indicate how you found out about SportingFit Australia:*

Friend Website Advertising Sports Club Other

Details:

Please read all of the following three pages and sign the permission to participate form overleaf.



Permission to Participate in a SportingFit Australia Program

At SportingFit Australia we take every care to make our programs as safe and as enjoyable as possible. However, as with any physical activity there is an inherent risk of injury. We ask you to read this document very carefully. If you have any questions, please ask before allowing your child to participate in the program. **Call 0433 821811.**

Medical Screen

By allowing my child to participate in a SportingFit Australia program, I warrant that my child has not at any time suffered blackout, seizure, convulsion, fainting, dizzy spells or any other medical condition and is not presently receiving treatment for any illness, disorder or injury or taking any medication which would render it unsafe for my child to participate in a SportingFit Australia program.

Risk Awareness

Participating in a SportingFit Australia program can be inherently dangerous. I acknowledge that my child is exposed to certain risks during program activities including, but not limited to; physical hazards, weather conditions and actions of other participants. I acknowledge that accidents can and do happen which may result in my child being injured or even killed, or my property being damaged. I have voluntarily read and understood this warning and the full SportingFit Australia Risk Awareness notice attached to this form. By allowing my child to participate in a SportingFit Australia program, I accept and assume the inherent risks of my child participating in the SportingFit Australia program.

Consent

By allowing my child to participate in a SportingFit Australia program, I consent for my child to participate in any activities that are part of the SportingFit Australia program and understand the risks involved. I have read and understood the Terms and Conditions of SportingFit Australia and I further agree to encourage my child to follow the Code of Conduct of SportingFit Australia.

Name of Participant:		
Name of Parent/Guardian:		
Signature:	<input type="checkbox"/> I Agree	Date:

Please ask your child to follow our code of conduct to ensure a safe and enjoyable session for everyone.

- Have fun and try your best.
- Play by the rules & no rough play.
- Co-operate and listen to your coaches.
- Respect your team mates and others in the session.
- Be a good sport. Applaud great efforts made by all.



Terms and Conditions

1. **Participation:** All participants in SportingFit Australia activities must be members of Sporting FC or complete an activity specific application form.
2. **Membership:** It is a condition of membership of Sporting FC that the parents/guardian's of the participant must:
 - a. complete and sign Permission to Participate form
 - b. read carefully and sign the Risk Awareness form
 - c. inform SportingFit Australia of any changes to their child's health that may affect their participation in SportingFit Australia sessions.Membership of Sporting FC is free and must be renewed every 12 months.
3. **Fees and Payment:** The program fee must be paid in full to SportingFit Australia prior to the commencement of the program.
4. **Cancellation:** To cancel a program you must give SportingFit Australia written notice. Cancellations received before the commencement of the program may be eligible for a full refund of the program fee if the class size for that program does not fall below the minimum required.

No refunds will be issued after a program has commenced.

If your child is unable to attend a particular session, SportingFit Australia will try to find an alternative session. If a suitable alternative is not available no refund will be offered.SportingFit Australia reserves the right to cancel a program/session/activity at any time. Every effort will be made to try to find an alternative program/session/activity. If an alternative cannot be provided a full refund for value of what has been cancelled will be provided, unless the cancellation was caused by the weather conditions.
5. **Weather:** SportingFit Australia programs take place in most weather conditions. It is your responsibility to ensure your child has appropriate clothing, footwear and protection for the weather conditions.

If the SportingFit Australia coach thinks that the weather conditions could cause a danger to the health of the participants, the activity will be stopped. The coach will try to provide an alternative activity. If an alternative activity cannot be found no refunds will be issued.
6. **Location:** SportingFit Australia reserves the right to change the location of the program/session/activity with minimum notice.
7. **Start times:** All sessions will start promptly at the allotted start time. If your child is not ready to join the session at this time you may not be able to join in the session at all.
8. **Instructions:** I will ensure that my child will at all times comply with the instructions and safety procedures of SportingFit Australia. I will be present for the duration of the Program at the request of SportingFit Australia.
9. **Medical Treatment:** If required, SportingFit Australia will arrange medical or hospital treatment (including ambulance transportation) for my child. I authorise such actions being taken by SportingFit Australia and agree to meet all costs associated with such action.
10. **Identity:** Photographic and or visual images taken by SportingFit Australia of my child's participation in the program may be used for general promotion of SportingFit Australia activities.
11. **Privacy:** I understand that the information provided by me in my child's application is necessary for the operation of the Program. I acknowledge and agree that the information will only be used for the purposes of SportingFit Australia and to provide me with information pertaining to the program. No personal information collected from me will be passed on to any other organisation without my consent. I understand that I will be able to access my/my child's information upon request and that if the information is not provided my child might not be permitted to participate in the Program.
12. **Respect:** It is a condition of membership that your child respects all SportingFit Australia staff, SportingFit Australia members and members of the public that they encounter while taking part in our sessions. Please keep noise to a minimum in residential areas.
13. **Changes:** SportingFit Australia reserves the right to change any of the above terms and conditions at anytime without notice.



Risk Awareness

Your child's participation in SportingFit Australia's programs is at their own risk. You are required to fully understand the risk elements detailed below before your child can take part in SportingFit Australia programs. Please note: Risk factors not specified below may also exist.

Safety Precautions

As with all fitness activities, there is some risk of injury. To minimise the risk, participants must adhere to the following Health and Safety requirements:

Complete a health screen and if required get medical clearance, before commencing any SportingFit sessions.

You must advise the coach of any injury or health issue which may affect your child's ability to participate before commencement of the session.

Do not allow your child to participate in a SportingFit Australia session if they are feeling unwell/against doctor's advice.

SportingFit Australia's programs accommodate a range of fitness levels. The coach will advise your child on ways to ensure they are exercising to their fitness level.

If your child feels that any activity is too hard for them they should stop the activity immediately. The coach will be able to provide them with an alternative activity.

If your child is not comfortable in participating in any activity for whatever reason please advise the coach and an alternative activity will be sought for them.

Participants who usually wear eye glasses are required to wear contact lenses or specialist sports eye glasses when partaking in activities involving balls. Sun glasses must not be worn during these activities.

If your child has an asthma condition they must carry their own medication (i.e. puffer).

SportingFit Australia programs take place in most weather conditions. It is your responsibility to ensure your child wears appropriate clothing, footwear and protection for the weather conditions.

All SportingFit Australia sessions start with a warm up activity. All participants are required to take part in a warm up. If you turn up late to a session your child will be required to warm up on their own before joining in a session.

You are required to bring adequate supplies of water to all SportingFit Australia sessions. You are advised to ensure your child continues to consume plenty of water after a session.

Risk of Injury

You are advised to fully consider injuries that can occur when undertaking exercise or general fitness activities including:

- Injuries from movement such as sprains and strains
- Injuries from contact with a football or other equipment
- Injuries from contact with the ground
- Injuries resulting from uneven surface (see below)
- Injuries from contact with other participants

Types of contact injuries include; cuts, grazes, bruising, fractures and concussion. Other injuries not specified here may also occur.

SportingFit Australia sessions take place in a number of settings including; playing fields, public parks, beaches and other public spaces. Even apparently flat surfaces can have divots and natural undulations. Surface variations may not be immediately apparent from visual inspection. SportingFit Australia coaches will endeavour to point out any surface hazards but it is the participant's responsibility to ensure that they take care on uneven surfaces. You are advised of the risk of injury that is present from surface variations and defects.